

# Healthy Habits

Brianna Comardelle

[www.healthyhabitswithbrianna.com](http://www.healthyhabitswithbrianna.com)

985-805-0299

Health Coaching Programs

First session FREE



6-weeks

Weekly 45 min sessions

**\$35/session**

3-month

Bi-weekly 45 min sessions

**\$35/session**





*All sessions virtual*

**At least one midweek check  
in**